

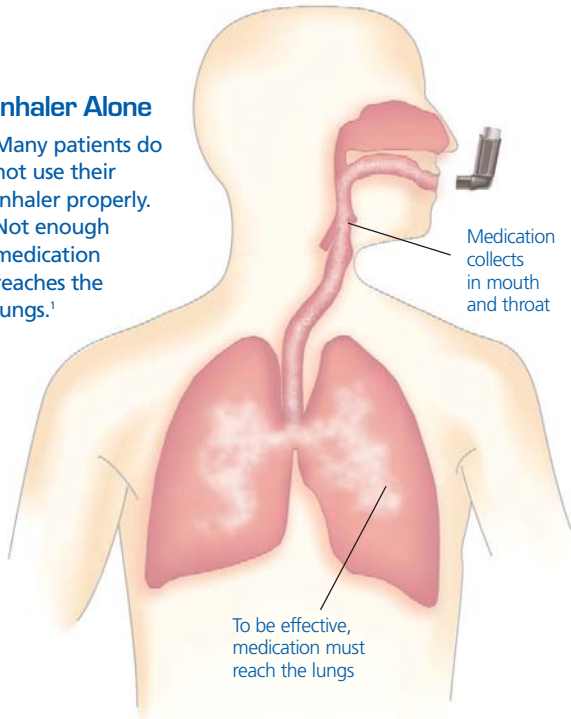
The **AeroChamber Plus*** Valved Holding Chamber (VHC) ensures that inhaled medication gets where it's needed... **in the lungs**



Valved Holding Chamber

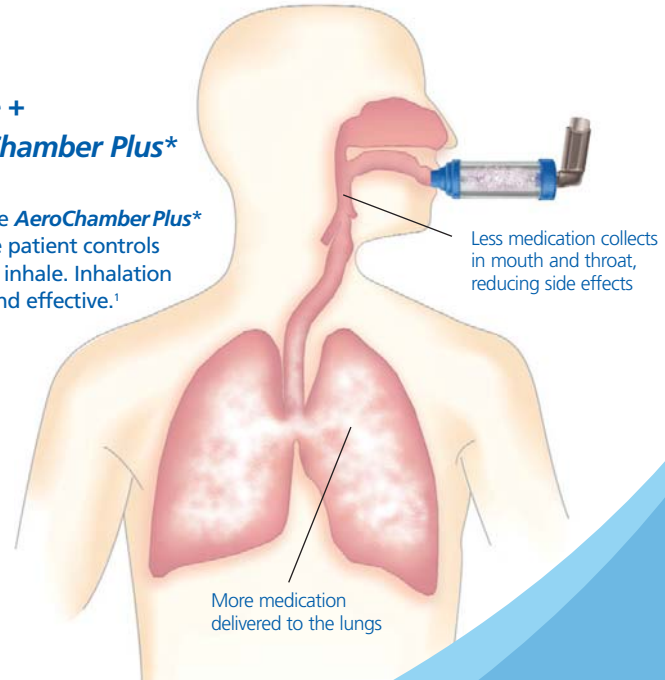
Inhaler Alone

Many patients do not use their inhaler properly. Not enough medication reaches the lungs.¹



Inhaler + AeroChamber Plus* VHC

Using the **AeroChamber Plus*** VHC, the patient controls when to inhale. Inhalation is easy and effective.¹



AeroChamber Plus* VHC with infant mask



AeroChamber Plus* VHC with child mask



AeroChamber Plus* VHC with adult mask



AeroChamber Plus* VHC with mouthpiece



Trudell Medical International*

www.trudellmed.com

Easy to **Use**... Easy to **Learn**... **Most Preferred**.²

Instructions for Use

How to use the **AeroChamber Plus*** VHC with Mask or Mouthpiece



<p>1</p> <p>Remove cap(s).</p>	<p>2</p> <p>Look for foreign objects.</p>	<p>3</p> <p>Insert inhaler (MDI) into back.</p>	<p>4</p> <p>Apply mask to face or put mouthpiece into mouth.</p>
<p>5</p> <p>Depress inhaler (MDI) at beginning of slow inhalation. If using mask, maintain good seal for 5 breaths after depressing inhaler.</p>	<p>6</p> <p>Slow down inhalation if you hear the FLOWSignal* whistle sound.</p>	<p>7</p> <p>Wait 30 seconds before repeating steps 4–6 as prescribed.</p>	

Know Your Asthma Triggers



- Animal allergens and secretions
- Colds and infections
- Dust mites
- Emotional anxiety and excitement
- Food allergies
- Gastroesophageal reflux
- Hormonal changes
- Inhaled irritants (Perfume, talcum powder, hair spray, chalk dust, pesticides)
- Medications
- Mold
- Pollen
- Pollution (ozone, sulfur dioxide, auto exhaust, fire/wood stove smoke)
- Sleep disorders
- Smoking, second hand smoke
- Strong odors (household cleaners, cooking fumes, paints, gasoline)
- Vigorous exercise
- Weather (extreme temperatures, windy conditions, changes in humidity/barometric pressure)

Cleaning Instructions

The **AeroChamber Plus*** VHC should be cleaned before first use and then weekly, following the instructions provided below.

<p>1</p> <p>Remove back piece only. (Do not remove mask from mask product)</p>	<p>2</p> <p>Soak both parts for 15 minutes in luke warm water with liquid detergent.</p>	<p>3</p> <p>Agitate gently. If concerned about potential for contact dermatitis, rinse facemask in water.</p>	<p>4</p> <p>Shake out excess water. Do not rub dry.</p>
<p>5</p> <p>Let air dry in vertical position.</p>	<p>6</p> <p>Replace back piece when unit is completely dry and ready for use.</p>		

YOUR INFORMATION:

Your **AeroChamber Plus*** VHC was purchased on:

(Replace after 12 months)

Your Physician has prescribed the following MDI medication(s) to use with your **AeroChamber Plus*** VHC:

 /

 /

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Cautions

- Ensure Directions for Use have been read prior to use and are kept available at all times.
- Do not leave **AeroChamber Plus*** VHC unattended with children.
- Do not disassemble the product beyond what is recommended in the Cleaning Instructions or damage may result.
- Review use of this device with your healthcare professional prior to use.
- The **AeroChamber Plus*** VHC is a medical device. To ensure proper performance it should only be cleaned according to these instructions. It should NOT be cleaned in a dishwasher.

Notes

- VHC = Valved Holding Chamber
- This product does not contain latex.
- When not in use, store in suitable container.
- Product should be replaced after 12 months of continuous use.
- Environmental conditions, storage and frequency of use can affect product life span.
- If you have questions about the performance or usability of this product, please contact your healthcare professional.

Manage Your Asthma
Check your Peak Expiratory Flow (PEF) daily with a **TruZone*** Peak Flow Meter.



¹ Salzman GA, et al: **Oropharyngeal candidiasis in patients treated with beclomethasone dipropionate delivered by metered-dose inhaler alone and with AeroChamber.** J Allergy & Clinical Immunol 1988;81 (2):424-428.

² NOP Healthcare, UK, March 2000.



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